

Disability Sports Australia

Strategic Plan

2025 – 2028

Easy Read Version





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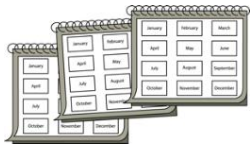


About this Document



Disability Sports Australia wrote this document.

When we say **we**, it means Disability Sports Australia.



This document is about Disability Sports Australia's plan for the next **3 years**.

It is about what we want to do from **2025 – 2028**.



This document is written in an **Easy to Read** way.

It is a summary of another document.



You can read the full document on the **Disability Sports Australia website**.



Go to: <https://sports.org.au/about-us/our-strategy/>



Some words are in **bold underline**. We explain these words at the end of the document.



Help to Read

You can ask someone to help you read this document.



You can ask someone you trust. Like



- a family member



- a friend



- a support worker.



Acknowledgement of Country



Disability Sports Australia would like to show respect to Aboriginal and Torres Strait Islander peoples.



We acknowledge the traditional owners of the land and sea.



We respect and celebrate Aboriginal and Torres Strait Islander people in sport.



We believe that sport can help bring us all together.



About Disability Sports Australia



Disability Sports Australia is an organisation that helps people with **disability** get involved in sport.



Disability Sports Australia have been around for more than 60 years.

We started in the 1950's.



We started with helping people do wheelchair sports.



Now we help people with disability do all kinds of sport.



You can learn more about Disability Sports Australia on **our website**.



Go to:

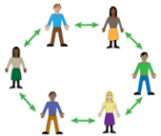
www.sports.org.au



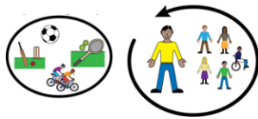
What We Value



Disability Sports Australia believes that everyone should have a chance to play sport.



We think that working together is important to make sure people are included.



We believe that everyone should feel welcome in sport.



We accept and celebrate what makes each person different.

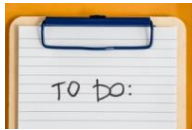


We value honesty.

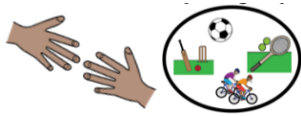
We believe people should do what you say what they will do.



We are open to new ideas and better ways of doing things.



What We Want to Do



We want to help people with disability join and enjoy sport.



We want to make sports groups:

- welcoming

and



- easy to access.



We want to use sport to help people feel:



- strong



- healthy

and



- part of the community.



Our 4 Goals



We have **4 big goals** to help us do this.

They are:



1. Raise Awareness



2. Make Sports Accessible



3. Increase Support



4. Be the Best We Can Be.



1. Raise Awareness



Our **1st goal** is to help more people know about Disability Sports Australia and disability sport.

We will:



- talk about the barriers people with disability face in sport



- share stories and information about disability sport
 - online and in the media



- make our website easier to use and access



- go to events



- listen to the community



- make a plan for how to speak up for people with disability.



We will know we have increased awareness when:



- more people follow and share us online



- more people go to and use our website



- there are more news stories about people with disability in sport



- more people know about us and disability sport.



2. Make Sport Accessible

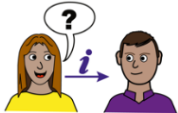


Our **2nd goal** is to make it easy for people with disability to find, join and take part in sports.

We will:



- run events where people with disability can try different sport



- share information about disability sports



- listen to what people with disability need
 - through surveys



- grow and improve our disability sport programs.



We will know we have made sport more **accessible**

when:



- we are running events throughout the year



- more people with disability are playing sport.



- more people understand the options they have to play sport.



- we have an active **Disability Advisory Committee**



- we have finished a **Disability Action Plan.**



3. Increase Support



Our third goal is to help sports groups and coaches to better to include people with disability.

We will:



- train sports coaches so they know how to include people with disability



- change our membership rules to make sure more people are included



- work with other groups and organisations
 - that work across Australia
 - that work in each state and territory.



We will know our work has helped when:



- more sports coaches and staff have done our training



- we are working together with more people and organisations



- we hear good things about our work
 - through surveys.



4. Be The Best We Can Be

Our 4th goal is to:



- grow our organisation
- make more money



- be able to support people with disability more.

We will:



- work with businesses that help us both make more money



- Increase donations



- support our staff



- keep children safe.



We will know that what we are doing has worked
when:



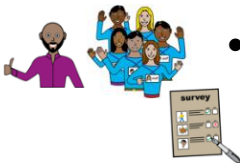
- we have more money



- we are getting more donations



- we are getting money from governments



- our staff say they are happy
 - through surveys



- we follow our policies for how to keep children safe.



Connect With Us

You can learn more about our work and connect with us:



- on **our website**



- on **Facebook**



- on **Instagram**



- on **Linked In.**



Word List

Aboriginal and Torres Strait Islander People



Aboriginal and Torres Strait Islander people are the first people that lived in Australia. They are the original owners of the land we live on. Aboriginal and Torres Strait Islander people have their own ways of speaking and doing things.

Accessible



When something is accessible, it is easy for everyone to use, access or understand.

Acknowledge



To **acknowledge** means to recognise something or someone/s. An **Acknowledgement of Country** is something people often do at the start of meetings, events or documents to recognise Aboriginal and Torres Strait Islander people.

Disability



A person with **disability** is someone that faces barriers to taking part in some or all areas of life.

Sometimes we can see disability. Sometimes we cannot. There are lots of different types of disability.

This includes disability that impacts someone's:



- body
- mind
- communication
- thinking and understanding
- emotions and feelings
- movement
- the way someone hears or sees.

Disability Action Plan



A Disability Action Plan is a list of things a business or group will do to include people with disability.

Disability Advisory Committee



Disability Sports Australia has a **Disability Advisory Committee**. It is a group of 8 people who have disability or are a parent of a child with disability. The group gives advice to us on how to do our work

Donation



A **donation** is when someone gives money or things to help a person, group, or cause.

Respect



Respect is when people are treated well and valued for who they are.



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Who wrote this document?

Heidi La Paglia Reid Consulting wrote this document for Disability Sports Australia in 2025.



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